



OSPREY 5K FUN RUN/WALK

Saturday, April 21, 2012

9:00 a.m.

Annett Nature Center

THE EVENT- The Osprey 5K will take place Saturday, April 21, 2012 at 9:00 am. (8:00-8:45 Registration/Package Pick Up at the Annett Nature Center). The course starts and finishes at the Annett Nature Center, located at 15565 118th Avenue in Indianola. The 3.1-mile route includes Lake Ahquabi State Park. Immediately following the event, snacks and refreshments will be served and prizes will be awarded. Proceeds from the race will benefit the Annett Nature Center Osprey Project.

AWARDS- The top male and female from the 16+ and under 16 age categories will be awarded.

LOCATION- The Annett Nature Center is located five miles south of Indianola. Travel 4 miles south on Hwy 65/69 and look for the Annett Nature center signs. Turn west on G-58 to Lake Ahquabi and then turn north on 118th Ave. The ANC is on the east side of the road. A map of the ANC may be downloaded at:
<http://www.warrencb.org/areas/anc/anc.html>.

REGISTRATION BY MAIL OR IN PERSON- \$25 by April 16, 2012. \$30 after April 16th.

Send completed registration form and payment to:

Friends of Warren County Conservation

c/o Osprey 5K

15565 118th Avenue

Indianola, IA 50125

All mailed forms MUST be postmarked by Monday, April 16, 2012.

REGISTRATION ON DAY OF RACE- Visit the Annett Nature Center office to sign up for the Osprey 5K Fun Run/Walk on Saturday, April 21, 2012, starting at 8:00 a.m. Cost is \$30 if registering after Monday, April 16th.

VOLUNTEERING AND MORE INFO- For information on volunteer opportunities for the event, contact Missy Smith at 515-961-6169 or missysmith@warrencb.org.

OSPREY 5K REGISTRATION FORM

Name: _____

Phone: _____

Address: _____

City: _____ State: _____ Zip: _____

Email Address: _____

Age on 4/21/12: _____

T-Shirt Size (circle one): S M L XL

Gender (circle one): Male Female

Entry Fee: \$25 made payable to Friends of Warren County Conservation

Special Gift Donations: You may add any amount to your registration as a special gift to the Annett Nature Center Osprey Project

Signature (parent or legal guardian if under 18) and Date: _____

I hereby, in consideration of myself, my heirs, executors and administrators, waive all rights and claims for damages I may or hereafter have against individuals associated with the Osprey 5K race, their agencies, and representatives, for any injuries suffered by me in this event. I certify that I have full knowledge of the risks involved in this event and that I am physically fit to participate in it and have no medical conditions that prevent my participation. I consent to receive medical treatment deemed advisable in the event of injury, accident, or illness during this event. I authorize the use of my name and picture to be used in any promotional materials associated with this event.